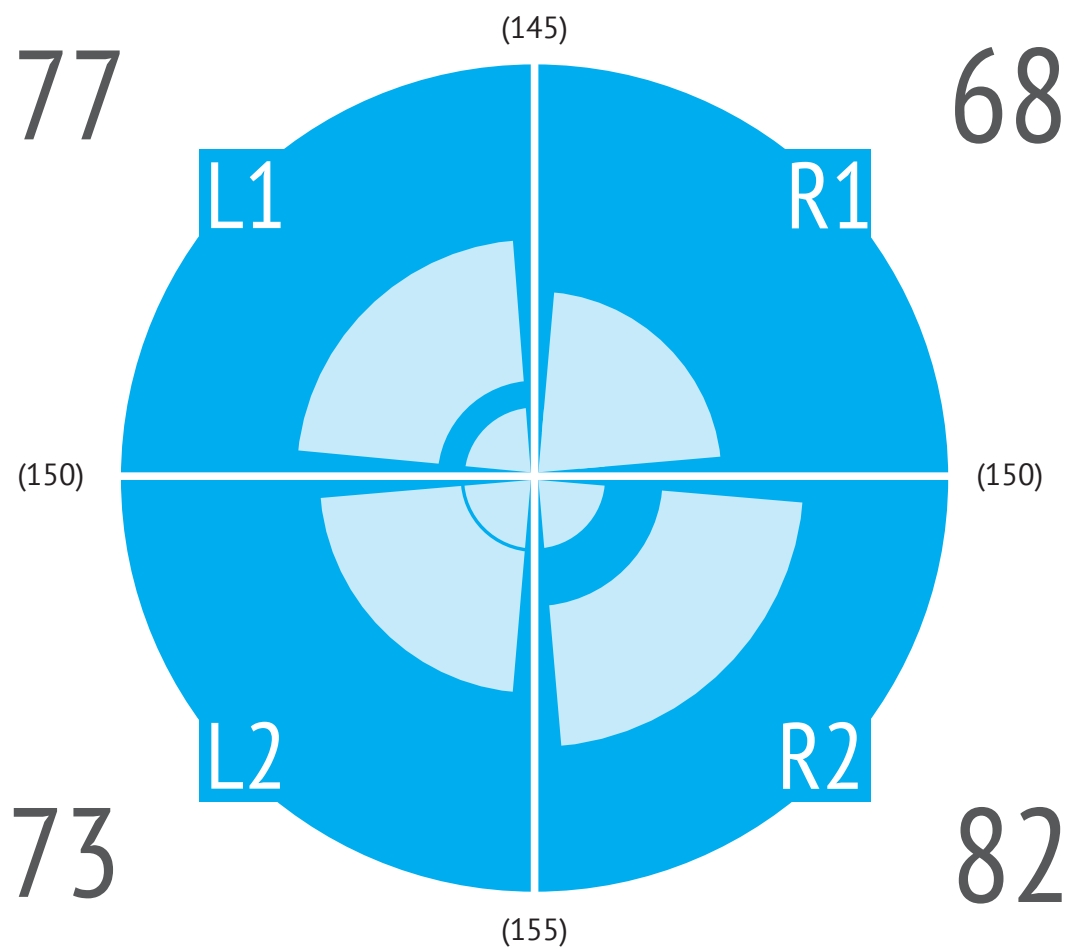


Sample Profile

My soccer brain profile



Interpreting the results

The NBI Soccer profile identifies the thinking preferences of the individual soccer player. As we are dealing with preference, it is important to note that there are no bad, or wrong profiles. The NBI Soccer profile is a descriptive, non-judgemental analysis, with no profile being better or worse than another. Instead, the report gives a description of an individual's thought preferences, and makes recommendations based on those.

The NBI Soccer profile measures thinking preferences, and not skills or ability in executing those preferences. It is therefore possible that an individual has a very strong preference for order, planning and organisation, but has never had the chance to develop the skills to plan and organise. The recommendation in this instance would be that since the desire is there, the skills to support that desire should be developed in order to be effective in a given career.

It is possible to have a high preference in two contrasting quadrants ex. R1 and L2. This will mean that you have strong preferences in the contrasting top-right and bottom-left quadrants. Thus you will alternate between a preference for change and excitement on the one hand and security and tradition on the other. Remember, a strong preference in a quadrant does not always mean that you will have equally strong preferences for all the processes.

It is suggested that a player should optimally develop his skills of his preference quadrant in order to achieve the highest possible correlation between skills and preferences. At the same time it is also wise to develop the skills of the other quadrants.

In every game it is expected of players to function in a whole brain manner. (Whilst a forward might demonstrates openness and the ability to see the bigger picture - it is sometimes expected of him to also display forms of restraint and focus on the game plan).

Please note that an individual's profile should always be evaluated in categories and not according to exact marks. As this instrument does not measure skill, it is possible for an individual to have a low preference (such as 57) for a specific quadrant, yet handle the functions in that quadrant very well.

As no person is completely one-quadrant dominant, the profile indicates high, average and low preference. It is important to note that the total score for every profile is 300. The scores are categorised as follows:

95+

Very high preference

80-94

High preference

65-79

Average preference

50-64

Low preference

50-

Very low preference

Please remember that an individual's profile should always be evaluated in categories and not according to exact scores.

General information regarding the different quadrants

L1

General preferences

Accuracy, digging deeper, precision, exactness, focused approach, factual reasoning, no nonsense approach, objectivity, information with no hidden meanings, critical correctness – not to make mistakes, goal orientated, real things, facts and rational information are of fundamental importance, factual memory tends to get priority.

L2

General preferences

Planning, practical application, organisation, promptness, discipline, dedication, step-by-step approach, details, operational, tidiness, tradition, procedures, routine, rules and regulations, structure, orthodox, prefers to follow guidelines.

R2

General preferences

Feeling orientated, empathy, social liaison, people-environment, interaction, people-intuition, co-operation seeking, atmosphere of caring, body language, touch, communication, listening focus, ambiance.

R1

General preferences

Search for alternatives, prefers the big picture – not the detail, idea-intuition, strategy, synthesis, integration, risk, restless, becomes bored quickly, experimenting, diversity, comfortable with chaos, fantasy, surprise, association.

Candidate specific information

L1 = 77

Average preference Quadrant

Sample enjoys applying his football skills with accuracy and efficiency. He is committed and disciplined. He likes to combine his skills and talents with those of his team mates so that they can achieve as a team. He is keen to discuss his analyses of performances, rules, tactics, etc., with members of his team and his communication on the field is focused and good. He sets high standards for himself and expects the same from his team mates. The team is always more important to him than the individual.

Sample likes to be coached by someone who is professional, who knows what he/she wants, yet is humane in his/her approach. The team should come first, not individuals. There should be good communication between the coach and the team, and feedback should be based on facts and an assessment during training sessions and matches, as well as on the interpretation and application of the football rules. Sample wants clear guidelines and instructions so that he knows exactly what is expected of him and the team.

R1 = 68

Average preference Quadrant

Sample likes some freedom to make individual decisions on the field, to play innovative football and to experiment. He analyses the game constantly and adapts his play accordingly. He wants to play technically correct and always gathers information about new trends in football. He likes playing in a team, giving his full co-operation and even putting individual performance secondary to team performance. He wants to enjoy all aspects of his football.

Sample likes a coach with a complete approach to football and one who recognises individual talent, gives credit for it and encourages initiative. The coach must be able to analyse all aspects of the game carefully, and base the planning, tactics and strategies on the results. The coach must keep abreast of new trends in football. He/she must be able to create good team spirit, give personal attention, be part of the team and support the team members emotionally. Feedback must be factual, positive and constructive.

Candidate specific information

L2 = 73

Average preference Quadrant

Sample wants to play his football within a fixed tactics where he knows exactly what is expected of him. He likes to analyse the situation on the field carefully and to make the necessary adaptations quickly. He is team oriented and likes to discuss the rules, tactics and plans, as well as the changes he perceives on the field, with his team mates. He communicates well and is task-driven. He wants to achieve both individually and in team context.

Sample prefers to be coached by someone who maintains a traditional approach to football, who has good discipline, lets his team practise tactics, and plans well. The coach must be able to analyse the game and related matters carefully and then discuss it in a straightforward manner. He must always put the team first. He must have empathy with the players, motivate them and create a pleasant team spirit. He must be a good, clear communicator who gives positive, constructive feedback.

R2 = 82

High preference Quadrant

Sample probably enjoys his football most in team context and when there is synergy among team members. He likes team efforts and will do his share with enthusiasm and passion. In conflict situations on the field he will probably try to control his own emotions and calm down his team mates, although his temper may flare up easily. He gives credit to his team mates and the coach. He is keen to share with them his ideas about the game, his experiences and his view of the situation on the field.

Sample likes to demonstrate what he thinks should be done, gives his full co-operation, is enthusiastic and really enjoys his football. During training sessions and matches he prefers the atmosphere to be informal and pleasant. He very strongly condemns unfair decisions and morally unacceptable behaviour. He prefers to be coached by a person who understands group dynamics. Individualism must be recognised and each group of players must be forged into a unique team.

The coach must be able to motivate the team members through personal interest and interaction. He/she must become emotionally involved with the players, be sensitive regarding injuries, strengths and weaknesses, as well as stress levels. The coach must be a good communicator who acknowledges and encourages the contributions of the team members with regard to planning, scheduling, tactics, etc. Feedback must be given visually and should be positive and constructive. The coach's value system must be morally acceptable. "Win at all cost" is out!

Questions

Where your dominant quadrant was your first choice.

Question 3: I prefer team situations ... : that are friendly and relaxed

Question 10: I enjoy the company of team-mates who ... : are friendly and easy-going

Question 11: If I play in a match, I prefer ... : the team spirit to be very positive

Question 19: If I get shouted at during a game, I ... : lose some of my motivation to play

Question 22: I like to read about ... : the personal lives of sportsmen and women

Question 23: As a member of a soccer team, I prefer ... : a team where everyone accepts the same values

Question 25: To me soccer is ... : a pleasure

Question 27: As a soccer player I see myself as ... : trustworthy and committed

Question 30: I believe my soccer ... : will open doors for me to work in my community